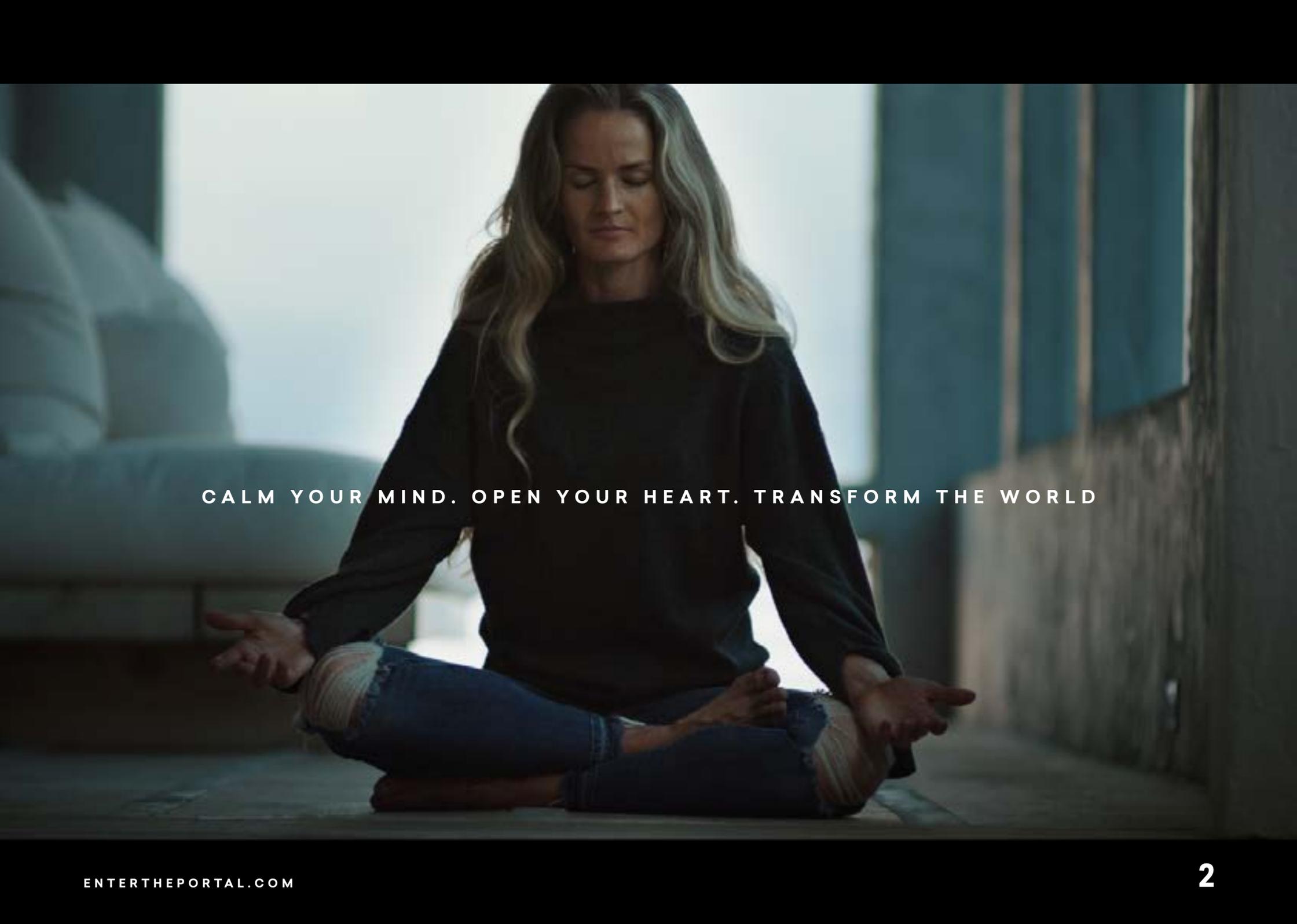




A FILM BY TOM CRONIN AND JACQUI FIFER | SUPERHUMAN PRODUCTIONS

A woman with long, wavy blonde hair is sitting in a lotus position on a wooden floor. She is wearing a black long-sleeved top and blue denim jeans with a tear at the knee. Her eyes are closed, and her hands are resting on her knees in a mudra. The background is a blurred interior space with a window and a wooden wall.

CALM YOUR MIND. OPEN YOUR HEART. TRANSFORM THE WORLD



SYNOPSIS

THE PORTAL is an experiential documentary created as part of a bold, global vision to shift humanity out of a state of crisis.

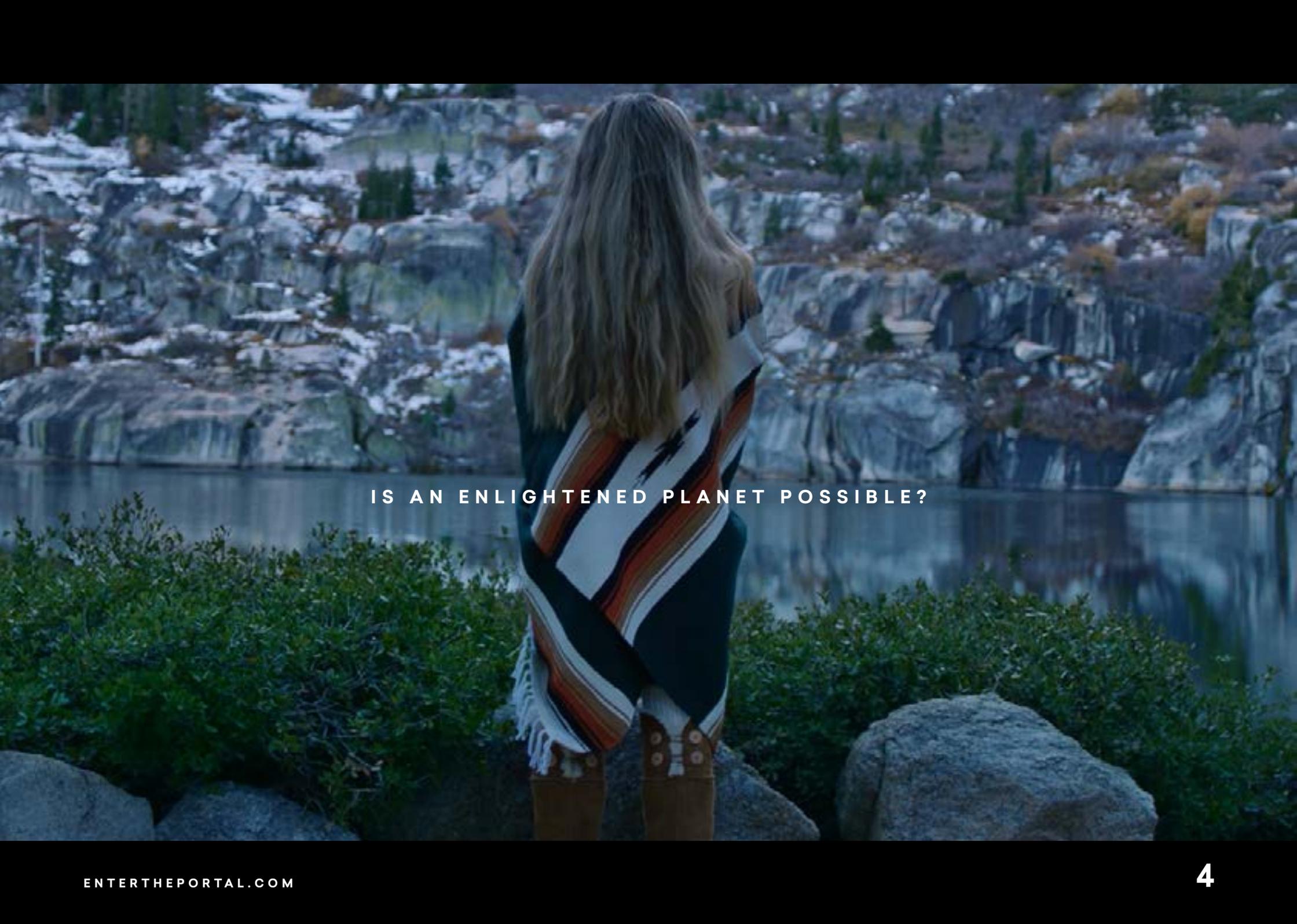
It brings to life the stories of six people who overcame great adversity using stillness and mindfulness, inspiring the audience to follow in their footsteps and realise

the unique potential that all humans have to change our world—from the inside out.

Supported by insights from three of the world's foremost futurists—and a robot—the film unfolds as a beautiful, audiovisual spectacle that takes the viewer on their own mindfulness journey through

the pain, joy and memory fragments of life.

Exploring a new way forward, this powerful film and book open hearts and minds to an exciting vision for humanity, transformed, inviting all 7 billion people to make an enlightened planet possible by entering THE PORTAL.



IS AN ENLIGHTENED PLANET POSSIBLE?



ENTER THE PORTAL TO FIND OUT...

The Portal is the brainchild of Tom Cronin and Jacqui Fifer—an ex-financier turned global meditation expert and an international DJ turned director—collaborating to realise Tom’s dream of making the feature film that would inspire people across the world to shift humanity into a new era by meditating daily.

Developed between them over the course of many years, the resultant “experiential” documentary and book

are a meeting of minds aimed at redefining the way we approach our inner and outer worlds.

Passionate about reducing stress and chaos in people’s lives, Tom is someone who knows first-hand the power of meditation in overcoming mental health issues and the potential the ancient practice has for personal healing and human transformation.

Committed to film, story and music as

tools to shift consciousness, Jacqui loves inspiring people to move from their heads to their hearts and expand beyond the ‘possible’ to boldly meet evolutionary challenges.

Through their unusual but powerful collaboration, personal story and ancient spiritual teaching harmonise with the future of technology, collapsing the past and future into a portal of ‘now’ where an enlightened planet awaits.



ACCOMPANYING ASSETS

The Portal BOOK

co-authored by Tom Cronin and Jacqui Fifer, will be published in over 10 countries and more to follow.

The Portal SOUNDTRACK

includes an original score (composed by Grammy Award winner François Tétaz) and the powerful THEME SONG Still Time (co-written with Ben Abraham).

The Portal MASTERCLASS

A digital program to support the audiences next steps to transformation.

For more information please visit:
entertheportal.com



THE TEAM BEHIND THE PORTAL

Executive Producers

Tom Cronin, Paul Currie,
David Whealy, Michael Taylor,
Nick Broadhurst

Producers

Tom Cronin, Jacqui Fifer

Director

Jacqui Fifer

Writers

Tom Cronin, Jacqui Fifer

Director of Photography

Dan Freene ACS

Editor

Gary Woodyard

Production Design

Helen O'Loan

Animation

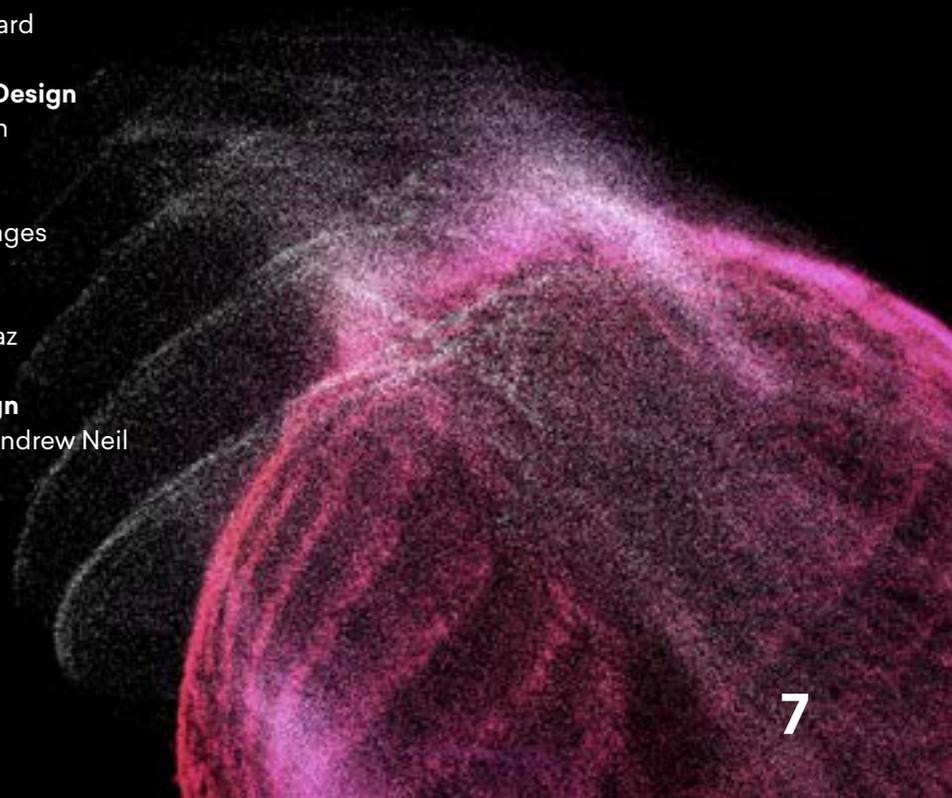
Phonetic Images

Composer

François Tétaz

Sound Design

Paul Pirola, Andrew Neil





“Imagine life when 7 billion people go through The Portal”
—Tom Cronin, Producer



PRODUCER'S STATEMENT

In my work I see a lot of people who have hit some kind of crisis or roadblock in their lives and are looking for a path through. I've dedicated the last 25 years to exploring this area and I've been fascinated by this idea of a crisis being a catalyst for change, and how it can inspire the most remarkable turnaround in people's lives. The Portal was inspired by my own crisis moment that ultimately inspired a phase shift in my life.

In February 1996, I had a nervous breakdown. It was the culmination of years of drug taking, very little sleep and working in a high stress environment as a broker in finance. I felt trapped in a dark abyss of

insomnia, anxiety, panic attacks, depression and agoraphobia, questioning whether to continue on with life. I was sent to doctors and psychiatrists, put on pharmaceutical drugs, yet deep down I felt there had to be another way through this.

It was at that time that I came across meditation and Eastern philosophy and from that moment on everything in my life changed. My experiences in the deep meditations were profound. My symptoms started to fade away and I felt an inner peace I'd never had before.

I studied Vedic philosophy in depth and came across a Sanskrit word rashi, which refers to a cataclysmic event on

a personal or planetary level that is part of the process of evolution to inspire change when stagnation has occurred. I started to notice how these rashes, or crises, were not just a force in my life but were appearing in other people's lives, relationships, companies, countries and even the planet.

I became passionate about meditation as a device to help us through these crisis moments.

I wanted to share it and a feature documentary – that reveals through personal stories how much meditation can change not just someone's life, but the world – seemed to be the perfect medium.

We'd like the viewer to leave elevated and inspired, not just with answers, but also with questions.

Imagine life when 7 billion people go through The Portal.

**Tom Cronin,
Producer**

“What is the portal? It’s whatever you need it to be. I hope you’ll enjoy the beauty of each moment as it unfolds around you.”

—Jacqui Fifer, Director



DIRECTOR'S STATEMENT

The Portal is a film about life. It's a journey through the ups and downs, the love and the sadness, the fragility and strength in each of us. It's a cinematic love poem to every person who has shied away from, or stepped up to, the daily challenges that present themselves, and the defining moment in which, despite our past, we embrace the potential of our own evolution. It's about our uniqueness as individuals and our role in the collective heartbeat of our planet. At times as surprising as our own future this is a film to inspire humankind into a new era.

Designed as an immersive experience, The Portal is about human

metamorphosis and a planetary shift. Conversational interviews encourage a direct, intimate relationship to blossom between viewer and subject as futurist commentary and personal story coalesce in the unfolding narrative – What exists before and after crisis... and what is the path through? We explore the role that technology has played, and could play, in human transformation; how the characters lives drastically transform when they embraced some form of stillness; Why, on the cusp of a major global crisis moment, it's the right time for our species to be 'still'; and we get a glimpse of what life could look like on the other side of a phase shift.

I think of this film as a gorgeous coffee-table book not a sensationalist paperback. It's cinematic, not news-journalism; documentary meets drama meets musical serenade. We set out to create something fresh in which filmic devices, storytelling style and aesthetic give rise to a dance between content and form and the audience can experience stillness as the punctuating force. Thought-provoking global ideas, poetic imagery and honest first-person accounts of challenge and transformation draw us in; visceral soundscapes and an evocative score with binaural beats slowly cast a spell, shifting the audience's state. Past, present and

future interweave in a meditation on life, where chaos juxtaposes calm and linear ideas give way to a sense of vastness, impermanence and interconnectedness.

The transformative power of The Portal, beyond the screen, cannot be underestimated.

What is the portal? It's whatever you need it to be. I hope you'll enjoy the beauty of each moment as it unfolds around you.

**Jacqui Fifer,
Director**



TESTIMONIALS

“What a massive film! Well done!”

—**Bill Bennett,**
Film Director and Producer

“This is going to be bigger than big.
I was expecting something great but
that blew my head off!!!!!!!!!!!!!!”

—**Jack Delosa,**
The Entourage

“I screened the film and do feel like
it has potential to reach the masses -
which is extraordinary!”

—**Annie Roney,**
Roco Films

“Congratulations on a sublimely
beautiful film! Seriously impressive
film! Images and concepts still swirling
in my head.”

—**Ellenor Cox,**
Firelight Films

“Congrats on such a gorgeous piece!
It’s stunning. I hope you feel proud of
bringing such an important message
to the world so beautifully.”

—**Julie Mazur-Tribe,**
Murdoch Books

“Blown Away!! So so profound, and a
message the world needs to hear.”

—**Maria Sipka,**
Co-Founder of Linqia

“A beautiful and very important movie
which took us on a journey from the
head to the heart - fantastic work!!!”

—**Maik Burghardt,**
Cosmic Cine



CAST

Amandine Roche
Heather Hennessy
Ron 'Booda' Taylor
Due Quach
James R Doty M.D.
Ronnie Cahana

FUTURISTS

Daniel Schmachtenberger
Evolutionary Philosopher,
Global Systems Strategist

Mikey Siegel
Robotics Engineer and
Transformative Technology Developer

Dr Julia Mossbridge
Cognitive Neuroscientist and Futurist,
Loving AI Principal Investigator

“Who am I to work for peace in the world if I am not first at peace with myself?”

— **Amandine Roche,**
Founder Amanuddin Foundation,
Human Rights Expert,
Worldwide



AMANDINE ROCHE

For 15 years, human rights expert Amandine Roche committed her life to building global peace through democratization, women’s empowerment and civic education. In the course of her work for the United Nations she was exposed to extreme environments and the daily threat of attack, kidnap and murder.

Meditation and yoga gave her a tool to cope with the atrocities she had witnessed and to regain her tranquility. Amandine now teaches these same tools to help humanitarian workers and refugees living and working in similar circumstances that she had to achieve inner peace as the foundation for global peace-building.

In 2011 she founded the Amanuddin Foundation in Kabul and subsequently launched The Inner Peace Corps, to implement a program for international peacekeepers. Amandine is the author of several books, including a diary of her experiences in Afghanistan *Le vol des colombes*.

“When I broke my back it was the first time in my life I ever had to be still.”

— **Heather Hennessy**

**Former National Track Athlete
and National Fox Sports Presenter
California, USA**



HEATHER HENNESSY

In her youth Heather Hennessy forged her identity on the track, using speed and physical power as an emotional outlet and the antidote to a dysfunctional home life. Heather was an 800-meter national champion. She achieved her goal of being number one in the country, including getting a full scholarship to USC. But in her late teens, her aspirations as a professional athlete were destroyed in one ill-judged, split-second decision where she ignored her intuition.

Heather's life since has been a lesson in reinvention, yet immersing herself in meditation practice has been pivotal to her finally achieving a strong connection to her deeper, more intuitive self. For Heather, it was the journey from forced stillness to intentional stillness that provided a pathway to strengthening her inner voice and ceasing the cycles of people-pleasing and fear that led her to pursue physical strength over inner strength.

A former Fox Sports television broadcaster, Heather now works to inspire women and children to find their power by listening to their intuition. She will be using her writing and coaching to help guide and empower people in their healing journey so they can learn to trust their intuition and live a life that is true to themselves and authentic to who they are on the inside.

“Dead or in jail, that was the theme.”
— Ron ‘Booda’ Taylor
Retired US Army Sergeant
Georgia, USA



RON ‘BOODA’ TAYLOR

Exposed to drugs, violence and crime during a streetwise childhood in Texas, Ron ‘Booda’ Taylor signed up to the military in an attempt to escape the gang life he had been drawn into. He went on several tours of duty, ending up in geospatial intelligence where he was part of the drone combat ‘kill chain’.

After a 25-year military career, Booda joined a program for veterans undergoing medical retirement due to traumatic brain injury and Post Traumatic Stress Disorder. In the

program, meditation lessons were offered as a complement to traditional therapy and medication.

Booda’s efforts to make stillness an everyday part of his life are proving an effective tool in his struggle to reconnect with his lost humanity and reintegrate into civilian society. He has since started telling his own story in the hope that he can help kids from similarly challenging backgrounds to embark on a better path.

“The change is coming and we can’t play by the rules that worked in the old days.”

— **Due Quach**
Social Entrepreneur,
Founder and Author, Calm Clarity
Philadelphia, USA



DUE QUACH

A “boat baby” refugee from Vietnam, poverty and the harsh realities of life as an immigrant child in a rough Philadelphia neighbourhood fueled Due Quach’s ambition to chase the American Dream. Ultimately struggling to find meaning in corporate success and wealth, she embarked on a personal quest to understand “real happiness” by integrating findings from Western neuroscience with insights from Eastern wisdom traditions.

The Harvard College graduate has since developed a neuroscience-based approach to mindful leadership training which provides a set of mind-hacking tools and skills that enable people and organizations to break self-limiting patterns to realize their full potential and make a positive impact on the world. Inspired by her own challenges as a first-generation college student, she creates social impact by delivering this training to people experiencing toxic stress,

trauma, and poverty. As the founding chair of the NGO Collective Success Network she partners with companies to support and mentor low-income first-generation college students and to foster greater socioeconomic inclusion and diversity.

Due is the Founder and CEO of the social enterprise Calm Clarity and author of Calm Clarity: How to Use Science to Rewire Your Brain for Greater Wisdom, Fulfillment and Joy.

“That was the first thing that she taught me: to simply be.”

— James R Doty M.D.

**Neurosurgeon, Neuroscientist,
Founder and Director – CCARE
California, USA**



JAMES R DOTY M.D.

A Professor of Neurosurgery at Stanford University, James R Doty M.D. (Jim) is an entrepreneur, inventor and philanthropist. He has been at the cutting edge of medical technology development in a number of areas including non-invasive cancer treatment using a novel radiation device. Central to his work is his research demonstrating that a compassionate lifestyle has a profound

positive effect on one’s mental and physical health while improving the lives of those around them.

Through a chance encounter at a young age Jim discovered the power of meditation and visualisation to help him navigate a way out of a childhood of poverty and psychological hardship. After amassing great wealth in the dot-com boom, he went bankrupt

in the crash of the late 90s. Losing everything was the catalyst for him to start seeking a life of true abundance.

Jim is author of the New York Times bestseller *Into the Magic Shop: A Neurosurgeon’s Quest to Discover the Mysteries of the Brain and Secrets of the Heart* translated into 36 languages. He is the Senior Editor of *The Oxford Handbook of Compassion Science*.

“Time is just another embrace ... of realising life is coursing through us.”
—Ronnie Cahana,
Rabbi, Montreal, Canada



RONNIE CAHANA

As a spiritual man, husband and father, Rabbi Ronnie Cahana likens stillness to an enforced slowing of the passage of time that allows for a deeper enjoyment of the present. In his words he feels like a Chagall man floating above the nighttime rooftops as he uses the hours of stillness and

meditation to explore the realm beyond physical form.

It is in stillness that Ronnie is able to fully appreciate the ability for love to transcend the tangible world and, through the art of his photographer daughter Kitra, his story has become

an open invitation for people to question their preconceptions around that concept. He delights in the curiosity of new beginnings and his message is that “anything is a miracle if you want it to be”.

“Are things getting better, or are things getting worse?”

—Daniel Schmachtenberger
Evolutionary Philosopher,
Global Systems Strategist
California, USA



DANIEL SCHMACHTENBERGER

Daniel Schmachtenberger is an evolutionary philosopher and social engineer. As a thought-leader and advocate for social change, his work centres on civilisation design, developing economic and governmental systems that incentivize life-enhancing behavior, decentralize

problem solving, and foster conscious participation. Schmachtenberger's upbringing in the Transcendental Meditation community of Fairfield, Iowa, lies at the foundations of his quest to find the shortest route to a dramatically redesigned world system that will support the highest quality of life for all.

Daniel is founder of Neurohacker Collective, where he is focused on developing processes and technologies for advancing medicine and human optimization.

“Enlightenment is not a religious or spiritual construct. Enlightenment is a human experience.”

—Mikey Siegel

**Robotics Engineer, Transformative
Technology Developer
San Francisco, USA**



MIKEY SIEGEL

Mikey Siegel started his journey as an engineer, working in the area of Human Robot Interaction at the MIT Media Lab. Mikey has since become a pioneer in his field, working at the intersection of technology and wellbeing. His goal is to understand

and enhance human happiness from an engineering perspective.

A lecturer at Stanford University, Siegel believes that we can change the world from the inside out. He seeks to explore the ways in which technology

can help humankind towards a more mindful and peaceful existence. He is the Founder of Consciousness Hacking and the Transformative Technology Conference.

“It feels to me that there’s a worldwide epidemic of under-appreciating our humanness.”

Dr Julia Mossbridge
Cognitive Neuroscientist
and Futurist, Loving AI Principal
Investigator, California, USA



DR JULIA MOSSBRIDGE

Dr Julia Mossbridge is a futurist trained in cognitive neuroscience whose focus is on teaching and learning about love and time. In addition to her work as founder and research director of Mossbridge Institute, LLC, she holds various positions including Visiting Scholar in the Psychology Department at Northwestern University, and Fellow at the Institute of Noetic Sciences.

Dr Mossbridge is currently engaged in three love-centred projects, including

the Loving AI project, in which she collaborates with robotics industry leaders and fellow scientists to guide the evolution of a benevolent artificial intelligence.

She asserts that repairing our own ability to access our connected, intuitive and childlike selves is our best chance at building technology that will improve the lives of humans worldwide; perhaps paradoxically, she believes it is possible that technology can help us make those repairs.

Dr Mossbridge believes that by using technology to model for us our best selves, we have the potential to break destructive cycles within one generation. The ultimate goal – to create a society of unconditional love. For her, meditation and technology are not endpoints... but gateways.

Producer/EP/Writer



TOM CRONIN

Tom spent 26 years in finance markets as one of Sydney's leading bond and swap brokers. He discovered meditation in the early stages of his career, when the anxiety and chaos he was experiencing had hit crisis point, and it completely transformed his world both personally and professionally. Founder of The Stillness Project, a global movement to inspire one billion people to sit

in stillness daily, Tom is passionate about reducing stress and chaos in people's lives. His ongoing work in transformational leadership and cultivating inner peace through meditation takes him around the world hosting retreats, mentoring, presenting keynote talks, teaching and creating The Portal film-book experience, all part of his commitment to the current planetary shift.

Cronin has published five books:
—Insights
—The Path to Peace: A Guide to Living with Ease in a Rapidly Changing World
—Spirit & Soul: Exploring the Seven States of Consciousness
—Faster Deeper Sleep: The Ultimate Guide to A Daily Recharge
—Faster Deeper Calm: How to Live Without Anxiety and Panic

Director/Producer/Writer



JACQUI FIFER

Jacqui is a passionate filmmaker and writer who is committed to film, story and music as tools to shift consciousness. Fascinated with human development, she understands the importance of meeting evolutionary challenges and loves inspiring people to move from their heads to their hearts. Following an international career as a successful DJ, Jacqui embarked on an extensive career in the film industry, which

has taken her from line producing to directing, leading teams from development through to post and visual effects on several feature films. Known for her pursuit of authenticity and fearlessness in the face of big visions, Jacqui produced the multi-award-winning dramatic feature, *Concealed* (2017) and was a key player in such films as *Better Watch Out* (2016), *The Osiris Child* (2016) and *Infini* (2015). While based in Spain, she

co-directed the 2012 and 2013 “Dona i Cinema” (Women and Film) festival in Spain.

For Jacqui, life is work is joy is life—there is no separation, and she brings this philosophy of seamlessness and union to everything she does. What emerges is a unique marrying of sound, words, pictures and heart that moves the soul. *The Portal* is her directorial debut.

A dark, textured surface, possibly a planet or a cave wall, is illuminated by a bright, glowing pink light. The light creates a shimmering, ethereal effect, highlighting the rough, uneven texture of the surface. In the center-right of the image, there is a dark, irregularly shaped opening or hole, which appears to be a portal or a crack in the surface. The overall atmosphere is mysterious and otherworldly.

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ENTER THE PORTAL TO FIND OUT.